***Application 1***

**Health is above wealth**

**An apple a day keeps doctors away**

**Early to bed and early to rise, makes a man healthy, wealthy and wise**

**A sound mind in a sound body**

**Eat to live, not live to eat**

**Don’t worry, be happy**

***Здоровье дороже богатства***

***Кушай по яблоку в день и доктор не понадобится***

***В здоровом теле – здоровый дух***

***Живи не для того, чтобы есть, а ешь для того, чтобы жить***

***Кто рано ложится и рано встает, здоровье, богатство и ум наживет***

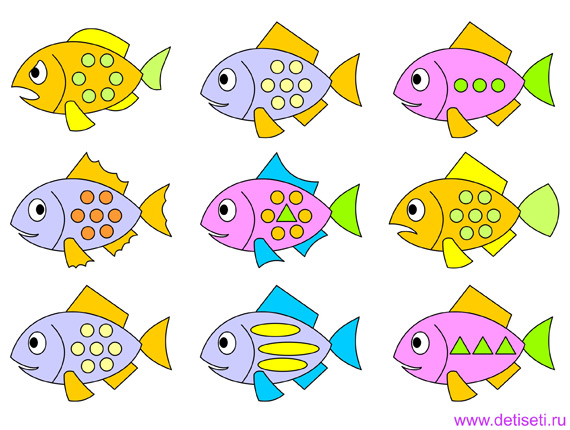
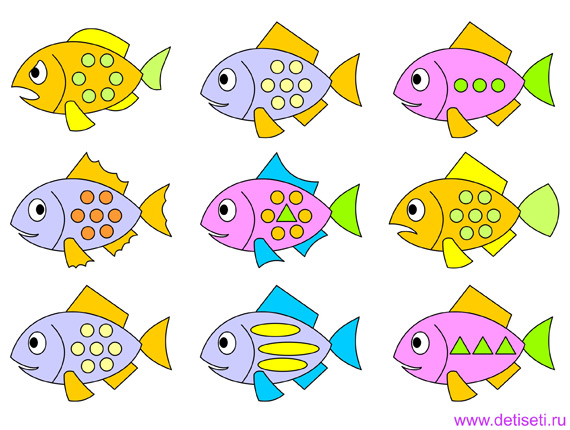
***Не беспокойся и будь счастлив***

***Application2***



***Application 3***

**You should eat**

**a lot of fruits and vegetables.**

**You shouldn't drink**

**coca-cola.**

**Children should wash**

**their hands before they eat**

**You shouldn't eat**

**so many sweets.**

**You should do**

**morning exercises every day.**

**You should brush**

**your teeth in the morning and in the evening.**

**You shouldn't watch**

**a lot of TV programmes.**

**You should go**

**for a walk after school.**

**Application 4**

**Food groups**

**Energy from food**

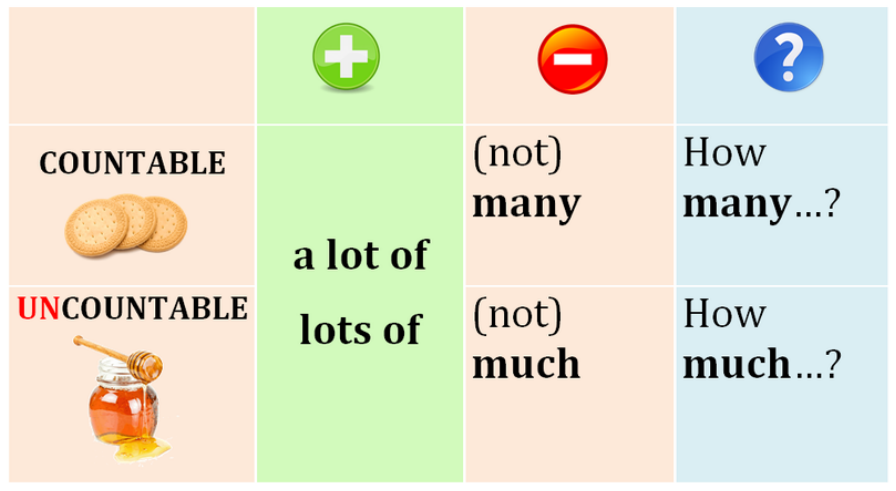
**A clean body**

**Exercises every day**

*Application 5*



**MANY  
MUCH**

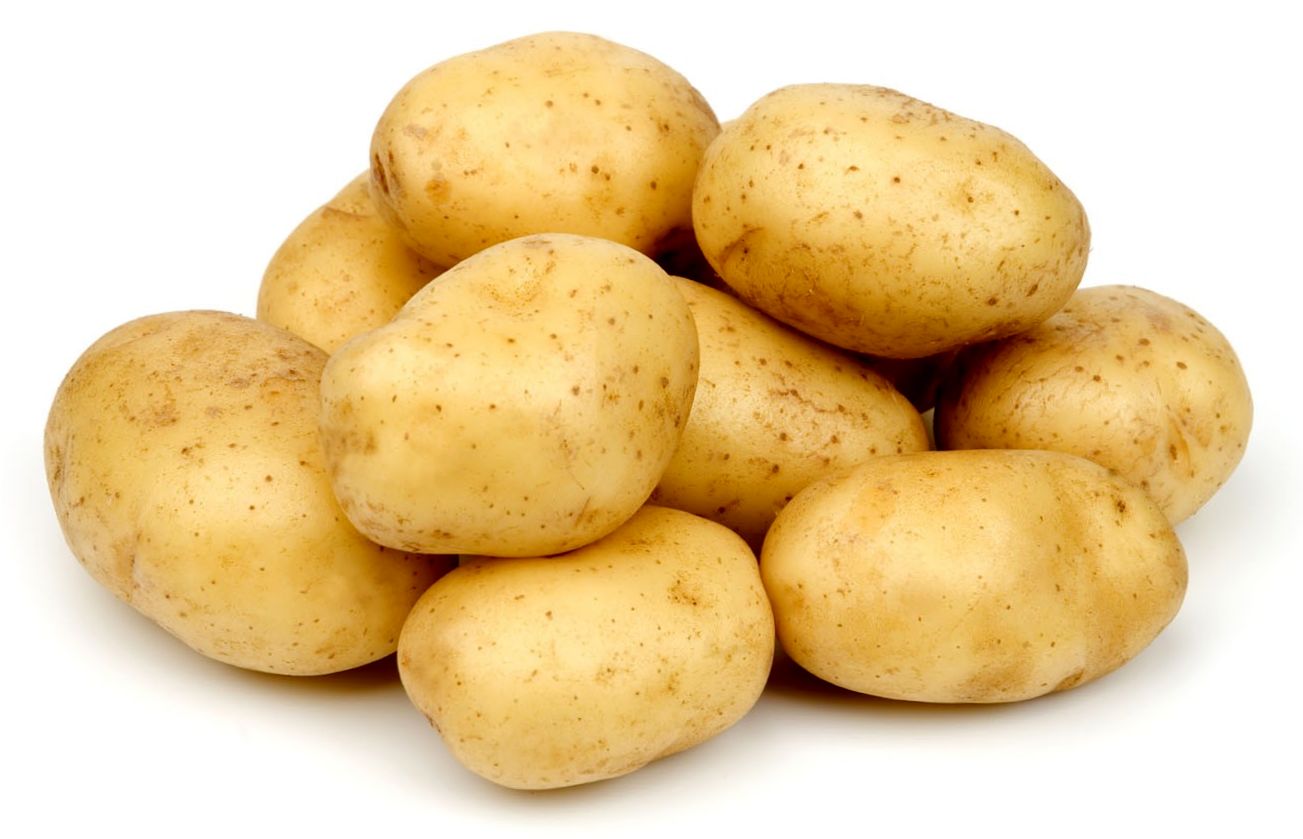
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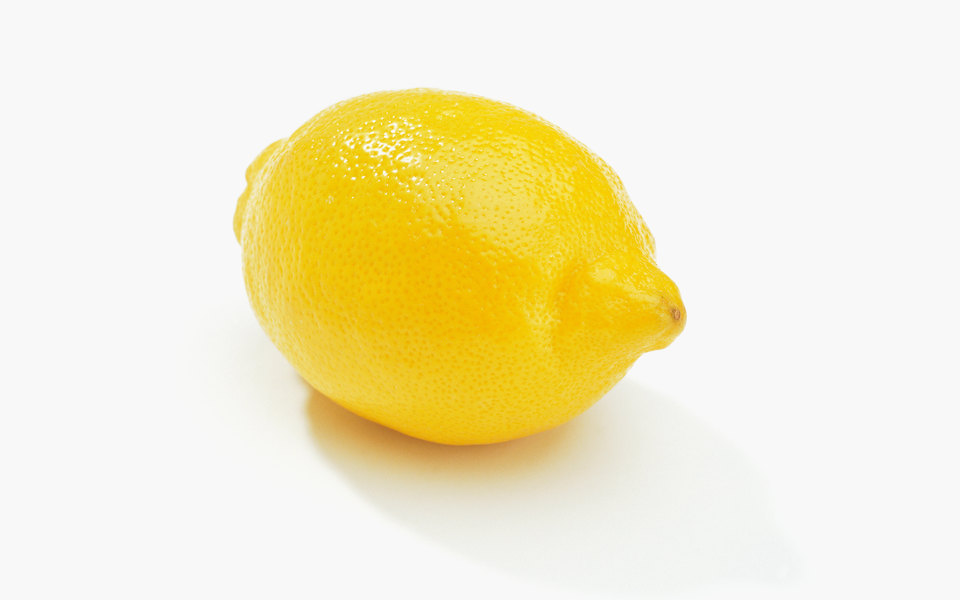
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*Application 6*

**Fill in the gaps *a lot of, many, much***

1. David drinks **\_\_\_\_\_** apple juice.

2. Betty didn’t eat **\_\_\_\_\_\_\_** rolls yesterday.

3. There isn’t **\_\_\_\_\_\_\_** water in the glass.

4. We shouldn’t drink **\_\_\_\_\_\_\_** cold milk.

5. There were **\_\_\_\_\_\_\_\_\_\_** eggs in the fridge.

6. You shouldn’t eat **\_\_\_\_\_\_\_** sweets.

7. Betty ate **\_\_\_\_\_\_\_** honey yesterday.